

UNIVERSITY OF HEALTH AND SPIRITUAL SCIENCES INTL INTGR AUX 20 HOLOSYNDESIS CLINICAL RESEARCH

UHSS American Indian Clinical Research Campus / Holosyndesis Clinical Research

WHAT TO EXPECT

Initial Evaluation/Assessment

Your first visit with us will start with an evaluation with our team: Dr. Giammatteo and IMT therapists.

The initial evaluation consists of an evaluation, assessment and development of your treatment plan. This evaluation can include, a medical history, an analysis of posture, range of motion of the spine and extremities, muscle strength, muscle tone, sensation, reflexes, gait, blood pressure, other and a “myofascial map” assessing the areas of soft tissue dysfunction. Your treatment plan will be developed based on this information, together with your specific goals.

At the end of your assessment, we will discuss a ‘Report of Findings’ with you and begin treatment.

Treatment

After your evaluation, your treatment sessions can begin. The length of your sessions and how often you come is often decided upon by non-clinical issues (i.e., the distance from your home to our clinic, your schedule, your financial ability, insurance reimbursement, etc.) We will recommend a schedule to help achieve your goals and suit your individual situation.

Throughout your treatment, we will periodically re-evaluate your status, progress towards your goals, and develop new treatment strategies as needed. This process is individualized according to your needs and your stage of healing to support you in attaining your goals.

Please notify the office if any of the following traumas or changes in medical status occur after you begin treatment. You may need to be re-evaluated if you experience any new events, including but not limited to:

- Car accident
- Fall
- Injury
- Pregnancy
- Heart Attack
- Surgery or other new medical diagnosis